

European Community Support Service

Arad, Romania



OBJECTIVES and ACTIVITIES

The main activities of the project will be two EVS youth mobilities. In each of them, 10 EVS volunteers will be hosted in Arad and Timisoara. The project aims at ensuring the well-being and integration of marginalised young people in the Arad area while also providing personal development opportunities for young people in Europe. To achieve this, during the stage, the volunteers will be working directly with the target group: persons with visual and mental disabilities, refugees and asylum seekers, persons coming from a disadvantaged background (economical, family, geographical), people belonging to different ethnic groups (mainly Roma).

The first mobility will start on 01.06.2018 and the second mobility will start in 01.02.2019. The duration of each will be of 7 months. We chose to have two mobilities as this format will contribute more to the project and Erasmus+ objectives, by: - allowing more young people to participate (rather than having one very long mobility, having two medium ones will allow more youngsters to engage in working with vulnerable groups and develop personally and professionally.

The specific activities will be depending on the local partner they will choose to work with, however the options are the following:

1. **ASPIS Volunteers** will be working for integrating persons with low mental disabilities through work. They will help the beneficiaries working in the herbs garden, do their daily activities (travelling to and from the place, dining, going shopping etc), do different leisure activities (swimming, going to local events, volunteering etc), help with different therapies (like arts therapy). Also, they will help organise the after-school programme of the association, by facilitating different non-formal workshops with the youngsters. (<https://www.asociatia-aspis.ro/> and <https://www.facebook.com/Asociatia-Aspis-214179821936348/>).



2. The Arad Blind's Association Volunteers will be offering services to persons with visual impairments from Arad, like: guiding to different events, helping them in their daily living, organising different workshops (e.g. sighted guiding, English, handicrafts, dancing, healthy life-style), doing adapted sport activities (tandem biking, bowling, chess, backgammon, etc.). Also, volunteers will be doing different non-formal workshops with the youngsters from the Sf. Maria Special School for the Blind. (<http://anrarad.ro/> and <https://www.facebook.com/anraradro/>).

3. AID-ROM Volunteers will help in the inclusion of asylum seekers and refugees in the Romanian society by: helping them with the daily living (managing the grants with whom they are provided and the associated responsibilities), organising the integration workshops with the Romanian staff and volunteers, helping them with the bureaucratic process, doing leisure and non-formal activities with child refugees etc. (<http://aidrom.ro/english/> and <https://www.facebook.com/Foreigner-in-Timisoara-1930024207258005/>).

4. Gulliver kindergarten and Curtici cultural center - Volunteers will be doing animation and offering educational activities to young people from, some of which are with different disabilities and/or coming from disadvantaged backgrounds, especially rural underdeveloped areas. For them they will be organising different non-formal after-school and cultural programmes (e.g. language courses, handicraft and arts workshops, healthy life-style, outdoor activities, visits to different cultural institutions, career days etc.) For each activity, the partners and coordinating organisation will ensure the adequate professional training of the volunteers.

The transversal activities will be organised by all the volunteers, and will include:

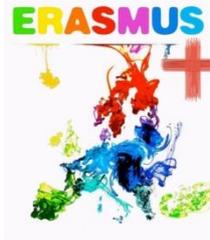
- workshops and other activities for providing community education in the field of inclusion for marginalised youngsters. Following a dedicated training, volunteers will organise in local schools and youth centers different activities that raise the awareness and make people more empathic on the realities that people with fewer opportunities face;
- fund-raising events for the partner associations;
- independent volunteering activities (that the EVS volunteers will choose themselves, according to their interests and the local opportunities they will identify);
- intercultural events in which volunteers will promote their culture and the European values in general to their beneficiaries and other youngsters from Arad Both mobilities will follow the same programme. Where necessary/appropriate, the beneficiaries will change.

The project will unfold between 01-03-2018 – 29.02.2020.

1st flow: from 01-06-2018 to 01-01-2019;

2nd flow: from 01-02-2019 to 01-09-2019.

For each stage, 10 volunteers, 2 from each of the countries: France, Estonia, Macedonia, Italy and Spain.



ERASMUS + PROGRAM:

The new program consists of three different 'key actions':

1) Learning Mobility of Individuals, including:

- Youth exchanges;
- European Voluntary Service;
- Training and Networking of youth workers.

2) Cooperation for Innovation and the Exchange of good practices, including:

- Strategic partnerships in the field of education, training and youth;
- Capacity-building in the field of youth (cooperation with partner countries from outside Europe).

3) Support for policy reform, meaning:

- Structured Dialogue.

European Voluntary Service:

- Only for organizations from program countries and neighboring countries;
- Minimum age: 17;
- Travel costs are now funded based on the travel distance of the volunteers;
- Volunteers can get 'online linguistic support' (assessment and learning) from a European Commission online platform.

PROFILE OF THE VOLUNTEER:

- Between 18-30 years old;
- Resident of the sending country;
- Interested in the theme of the project and willing to participate in a non-formal intercultural experience;
- Having difficulties in choosing a career or without employment options due to lack of practical experience.

LOCAL COMMUNITIES:



Erasmus+

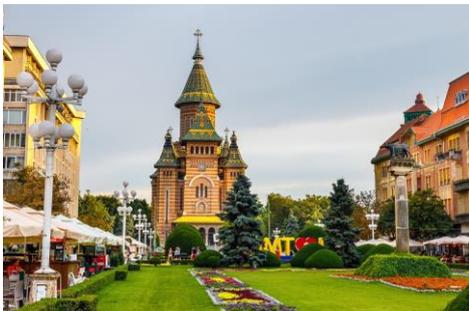
Arad



Arad is situated on the West part of Romania, 50 km far from Hungarian border, being the 13th biggest city of Romania, with around 200.000 citizens. In the past Arad was called “little Vienna” because the architecture from the center of the 2 cities were quite similar. The river that runs through the city is called Mureș.

Timișoara

Timișoara is the capital city of Timiș County, and the main social, economic and cultural centre in western Romania. In September 2016, it was selected as the European Capital of Culture for 2021. Timișoara is also known as the city of roses and parks, and has a very green face, especially in spring, when tulips abound.





IMPORTANT ASPECTS:

Accommodation – rented apartments, 2 persons/room, with access to bathroom (common), kitchen (common) and other utilities.

Meal – you will receive a monthly food allowance so you can arrange your own meals.

Local Transportation – you will receive a monthly tram ticket valid on all tram lines.

Internet – you will have access to internet at the accommodation and work place.

Washing machine and refrigerator – will be found in each apartment.



LUGGAGE – WHAT TO BRING:

Take whatever you consider necessary for your 7 months stay. Keep in mind winters here can be very cold and summers extremely hot. Bring your own:

- Towels;
- Hair-dryer;
- Clothes Iron;
- Laptop (if you have one);
- Medicine (if you are on a specific treatment).



HOW TO GET HERE:

Your destination is the city of ARAD and you have several possibilities to get here:

1. TIMIȘOARA AIRPORT

- Situated 60 km from Arad;
- In case you arrive here a member of the association will be in the airport waiting for you and will take you to your accommodation place.

2. BUDAPEST AIRPORT

- Situated 260 km from Arad;
- In case you arrive here, a driver will wait for you and take you to Arad, to your accommodation place where one of the members of the association will wait for you. The driver is from a company specialized with airport transfers, so they are professionals.

3. ARAD TRAIN STATION

- You also have the possibility to arrive to Arad by train from Budapest or other Romanian cities.

4. ARAD BUS STATION

- You can come to Arad by bus if you are traveling from countries such as: Spain, Italy, France etc.

5. TIMIȘOARA TRAIN STATION

- residents of Macedonia can take buses from Skopje and other cities which will drop them off in front of Timișoara train station. (Gea Tours)

SEE YOU SOON!

